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From the President: Taunya Marie Tinsley, Ph.D., NCC, LPC



The Golden Rule!

Happy New Year!

For the past month, I have been processing what I wanted to write for my President's statement. If ever I have had a writer's block, it's been very significant over the past few weeks. Some of you know that I am a believer that everything happens for a reason at the time that it is suppose to happen! It was not until today, January 12, 2011, that my writer's block has been released!

In reflecting on the Pennsylvania Counseling Association's accomplishments in 2010, I am proud to say that we have accomplished a number of goals that relate to our organization's mission and purpose:

- Transitioned to the American Counseling Association (ACA) facilitating PCA's administrative and management services.
- Increased our membership (although this is an on-going goal).
- Developed a supervision registry for PCA members.
- The Pennsylvania Association of Child and Adolescent Counseling Specialists (PACAC) Division was formed.
- Hosted the 2010 ACA Annual Conference and Exposition.
- Lobbied on Capital Hill with our Senators and Representatives asking for their support to update TRICARE laws and regulations to improve beneficiaries' access to outpatient mental health access (On December 22nd, Congress passed legislation that directs the Secretary of Defense to implement regulations authorizing counselors to practice independently under TRICARE by June 20, 2011. For more information check the ACA website: <http://www.counseling.org/PressRoom/NewsReleases.aspx?AGuid=0c72672b-dc77-456c-9924-4e9622f09a23>).
- Sponsored the 42nd Annual PCA Conference "Counseling in a Multicultural World" that was held in State College, PA.

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President's Message, Continued

As I reflect on this above list, I am proud to have been involved with our accomplishments! It is PCA's hope and plan to strengthen and enhance what we accomplished in 2011. As the old adage states "there is no growth with pain or discomfort." Just as we are living in a society that is constantly changing to improve conditions in which we live, PCA is also changing to improve the services that are provided to our members and the clients they serve. Thus, discomfort is just part of the journey as we grow and make decisions!

As we transition into 2011, it is my hope and goal that as professionals we can continue growing our relationship with each other and with other professionals in other disciplines. The Golden Rule states that we should "do unto others as you would have them do unto you." The 2005 ACA *Code of Ethics*, Section D Relationships With Other Professionals (p. 11) also supports the Golden Rule with following salient points:

"Professional counselors recognize that the quality of their interactions with colleagues can influence the quality of services provided to clients. They work to become knowledgeable about colleagues within and outside the field of counseling. Counselors develop positive working relationships and systems of communication with colleagues to enhance services to clients.

D.1. Relationships with Colleagues, Employers, and Employees.

D.1.a. Different Approaches: Counselors are respectful of approaches to counseling services that differ from their own. Counselors are respectful to traditions and practices of other professional groups with which they work.

D.1.b. Forming Relationships: Counselors work to develop and strengthen interdisciplinary relations with _____ colleagues from other disciplines to best serve clients.

D.1.c. Interdisciplinary Teamwork: Counselors who are members of interdisciplinary teams delivering multifaceted services to clients keep the focus on how to best serve the clients. They participate in and contribute to decisions that affect the well-being of clients by drawing on the perspectives, values, and experiences of the counseling profession and those of colleagues from other disciplines.

D.1.e. Establishing Professional and Ethical Obligations: Counselors who are members of interdisciplinary teams clarify professional and ethical obligations of the team as a whole and of its individual members. When a team decision raises ethical concerns, counselors must first attempt to resolve the concern within the team. If they cannot reach resolution among team members, counselors pursue other avenues to address their concerns consistent with client well-being."

As PCA continues to grow in 2011, let's continue to strengthen our goals that relate to our organization's mission and purpose. Additionally, let's model the desired behaviors of our clients and students ... let's grow our relationships with our colleagues within and across disciplines!

Have a Great 2011!

Janyia Jusley

References

American Counseling Association. (2005). *ACA code of ethics*. Alexandria, VA: Author.

MARK YOUR CALENDAR!



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AMERICAN COUNSELING
ASSOCIATION



From PCA Past-President: Holly Branthoover, Ed.D., NCC, LPC

As Chair for the PCA Nominations and Elections Committee, I am excited to welcome Dr. Jennifer Barna as PCA's President-Elect. Dr. Barna is an Assistant Professor in the Counseling and Psychology Department at Marywood University. I hope you had a chance to meet her at the PCA conference in October. As my time on the PCA Executive Council quickly comes to an end, I can wholeheartedly say that it has been a wonderful experience to serve PCA over the last three years as President (Elect and Past) and the prior five years as membership chair. Though I will be assuming my position as Chair of the North Atlantic Region (NAR) of ACA, I plan to remain active with PCA as well. My service to PCA has served to strengthen my belief in the importance of professional involvement as an integral part of being a current, competent counselor and counselor educator. I encourage you all to avail yourself of volunteer opportunities in PCA and our divisions. Though we are all busy, the rewards are significant. I am grateful to have made professional connections and life-long friends during my service at PCA. For now, I plan to support the Executive Council through continued informal involvement and assist with the PACES division. Please see the Save the Date! informational item on the 1st Annual Western Regional PACES meeting. I hope to see you there!

Save the Date!

The 1st Annual Western Regional PACES meeting will be held on Friday, April 8, 2011 from 11am to 3pm. The meeting location is tentatively scheduled for the Panera Bread in Cranberry Township, PA. We are hoping to build on the momentum from the counselor education panel discussion held during the October PCA conference and continue an atmosphere of collaboration and support for PACES members.

During the meeting, we will have a keynote presentation titled, "Student Review Policy and Process: Assessing student fitness for the program and the profession" by Dr. Maura Krushinski, Director of the Counselor Education Program at Duquesne University. CEU's will be available. We will also have time for group discussion, sharing, and input into topics for future meetings. Watch for more information about this event via email and the spring PCA newsletter. We hope you will join us! This is a PACES sponsored event coordinated by Drs. Holly Branthoover, Maura Krushinski, and Rebecca Willow.

PCA Supervision Registry

NEW FREE SERVICE TO ALL PCA MEMBERS!

The PCA Supervision Registry is a free service that provides information about supervision opportunities to all PCA members. The Registry is a posting on the PCA website, in the *Members Only Section*, which lists information for counselors *offering* supervision services.

The Registry provides a central location where Licensed Professional Counselors (LPC) (and other qualified licensed mental health professionals) wishing to provide supervision to counselors-in-training seeking the LPC can post their contact information.

It will also serve as a resource for those counselors-in-training seeking LPC supervision to locate potential supervisors in their area.

The registry is an **Internet Only** Service.

Registration forms for Supervisors and the Directory are in the Members Only Section of the PCA website. Now is the time to get in the Supervision Registry!

Questions or concerns:

Contact the PCA Supervision Registry Committee:

Holly Branthoover

Ken McCurdy

Minna Davis

hbranthoover@comcast.net

mccurdy003@gannon.edu

mdavis@laurel-house.org

Created and administrated by PCA, PACES, and PAMHCA

From PCA President-Elect: Jennifer Barna, Ph.D., NCC



This October I had the pleasure of attending my first PCA Board meeting at the annual conference in State College, PA. It was easy to admire the level of passion and commitment that filled the room! Without question, there is an enthusiastic group of counselors and counselor educators who are dedicated to promoting excellence and opportunities for counselors in the Commonwealth. I enjoyed getting to know everyone, and deeply appreciate the time my colleagues spent “teaching me the ropes”. A special thank you to Drs. Taunya Tinsley, Holly Branthoover, Michelle Bruno, Paul West, and Don Strano for patiently answering all of my questions and helping me formulate my goals for the 2011-2012 year.

One exciting project that I have been working on is updating the Career Center link. In collaboration with Job Target and our liaison Jessica Patterson, our Career Center has a sleek new look and is packed with real time job postings! This member benefit will help you find positions targeted for counselors, post your resume anonymously, create personalized job alerts, save searches, store jobs, keep notes, and communicate with employers through an internal messaging system. So if you are looking for a counseling position or would like to post a job, please visit the PCA website and follow these simple steps. Click on the Members Only link and enter your user ID and password. Then click on the Career Center link and set up your free account. We hope this will be a useful service for anyone starting their counseling career, those who are relocating or transitioning, and those who would like to announce new openings in counseling.

Finally, it is never too early to start thinking about the 2011 Conference! Please save the date for October 21-23, 2011 and join us at the Penn Stater Conference Center Hotel, State College, PA. This year’s conference theme will be “Celebrating Creativity in Counseling”. We are excited to have Dr. Ed Jacobs as our keynote speaker! Dr. Jacobs is a Professor in the Counseling Department at West Virginia University. He is also the founder and director of Impact Therapy Associates (www.impacttherapy.com), and has presented over 400 workshops and presentations on creative counseling, group counseling, and REBT. Dr. Jacobs is the author of four books including *Group Counseling: Strategies and Skills* and *Impact Therapy*.

We hope you will plan to attend the conference to renew your passion for counseling, learn new counseling strategies, and connect with friends. Please consider submitting a proposal to share your innovative ideas with your colleagues. We welcome a variety of topics from practice to research.

I look forward the year ahead and getting to know PCA members! Please feel free to contact me at any time: jbarna@marywood.edu.

I hope that you enjoy a relaxed, fun, and well-deserved holiday!

Looking for a Counseling Job? PCA CAN HELP!

CHECK OUT THE PCA CAREER CENTER!

Finally – A place where you
can develop your career...

PCA has a new and improved career center
for all your job searching needs!

At the career center, you'll find jobs that are specific to
counseling professionals. These are targeted opportunities
that can't be found on larger job board websites.

Why should you visit PCA's Career Center?

Find positions targeted for counselors
Post your resume anonymously
Create personalized job alerts
Save searches, store jobs, keep notes,
communicate with employers through an internal
messaging system, and more!



The Pennsylvania
Counseling Association is an organization of professional
counselors who value a collegial community, continuous learning,
service to others, visionary leadership, and a commitment to
professional ethics and standards of practice.

To Access the Career Center:

- Go to www.pcacounseling.org
- At the top right, click on the Members Only link
- Enter your user ID & password
- Upon entering the Job Target site, you'll be prompted to create a free account
- Customer Service is available M-F from 9 a.m. to 7 p.m.

Want to Post a Job? Check
out the **Employers section**
for more information on
advertising counseling
positions.

From the Desk of PAMCD

2011 ACA/NOLA-NEW ORLEANS COMMUNITY PROJECT: GIVING BACK TO THE COMMUNITY

Since the announcements made at the conference, our division has acquired additional information regarding this event. This project is designed to extend the “Giving Back to the Community and Leadership Development Projects” that have been sponsored by CSJ, ALGBTIC, AMCD, and NIMC for five of the past six years at ACA’s annual conferences. Last year, PCA, PAMCD, and PALGBTIC along with several national divisions were co-sponsors of a very successful “Giving Back to the Community” and Multicultural Social Justice Leadership Development Academy in Pittsburgh. This year’s community project is being planned within the organizational structure of the American Counseling Association through the National Coordinating Committee and the National Planning and Implementation Committee.

At this point in time, these committees have created the following proposal for this year’s event which will take place on Thursday, March 24, 2011. The day will be divided into two segments. The first part of the day will be focused on the direct action community projects. Currently, there are five potential community projects: working with a homeless shelter, neighborhood clean-up and/or house painting, juvenile system (AMCD organized event), school system, and programs identified by Catholic Charities of New Orleans. These projects would take place between 7 a.m. and 1 p.m. with participants having an opportunity to select one in advance of the conference. The second part of the day involves the leadership development component. The proposed schedule is a Plenary Session from 2:00-3:00 p.m., four to five workshops on specific topics related to the morning events and leadership development from 3:00-4:00 p.m. and repeated again from 4:00-5:00 p.m. and finally a Closing Session from 5:00-6:00 p.m. The registration process will most likely not occur until after the first of the year. As more details are finalized regarding the schedule and registration, information will be shared through ACA, national divisions, and PAMCD. If you have any questions, you can contact me at the above email address. On behalf of ACA’s National Coordinating Committee, PAMCD would like to invite and encourage all PCA members to participate in this “free” event. Please join your fellow counseling professionals in “Giving Back” to New Orleans.

Finally, PAMCD is taking on the mission and role of facilitating connections between PCA members, non-PCA participants, and the Greater Pittsburgh organizations who participated in the Multicultural Social Justice Leadership Development Academy. There were many expressions of sharing/seeking information, and/or coordinating efforts. If you are interested in participating in this project, please contact me at the email address below.

Mark E. Kenney M.Ed., NCC, LPC
Pennsylvania Association for Multicultural Counseling and Development
Representative and Treasurer
markekenney@comcast.net



Calling all PCA members!

PCA is actively seeking nominations for two elected positions, Treasurer and President-Elect.

Treasurer: The PCA Treasurer serves a three year term, with the ability to serve a second three year term. The PCA Treasurer oversees the receipt and disbursement of monies of the Association in accordance with the fiscal guidelines approved by the PCA Executive Council and the current budget of the Association.

President-Elect: The PCA President-Elect serves a one year term, followed by a one year term as President, and a one year term as Past-President, making for a three year commitment.

You may nominate another person or self-nominate. Please have nominations to Dr. Holly Branthoover at hbranthoover@comcast.net Friday, February 11, 2011

From the Desk of PALGBTIC

It was an interesting and informative PCA conference this year, and once again PALGBTIC offered an LGBT learning track covering most session areas. Attendees were provided with a certificate of completion to add to their professional development materials or proudly hang in their offices.

Thanks to everyone who attended, and especially to those at the conference who provided their contact information to be added to the list of LGBT-affirmative counselors and practices throughout Pennsylvania. If you have not done so and are indeed interested, please forward your contact information to Paul Datti (pdatti@yahoo.com) at your convenience, as the list will be in continuous evolution. Feel free to forward any other resources you think would be of value for counselors and/or the LGBT community as well.

As in years past, PALGBTIC remains a strong and vibrant division committed to social justice and advocacy. We look forward to a new year and more opportunities to foster these goals. As always, other PCA and PCA division members are encouraged to join PALGBTIC. If you would like further information, please contact Paul Datti.

Congratulations to Ryan Gruber, who accepted the newly developed Secretary position for PALGBTIC!

Respectfully submitted,
Paul A. Datti, Ph.D., CRC,
PALGBTIC President

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