Dr. Mindy Heher earned her Ph.D. in Counselor Education and Supervision (CES) from Duquense University. Her cognate and dissertation focused on clinical supervision practices and theory. Prior to seeking her Ph.D., Dr. Heher earned her Master’s degree in Community Counseling from Indiana University of Pennsylvania (IUP). Dr. Heher is a licensed professional counselor (LPC) in the state of Pennsylvania, an Approved Clinical Supervisor (ACS), and a National Certified Counselor (NCC). She completed a yearlong extensive training program at the Beck Institute culminating in certification in Cognitive Therapy.

Currently, Dr. Heher is a full-time faculty member for Capella University where she teaches and supervises in the clinical mental health counseling graduate program both online and face-to-face. Due to the online nature of the program, Dr. Heher has the pleasure of instructing and mentoring counselors-in-training across Pennsylvania. This also has afforded her the opportunity to make connections with professionals in the field throughout the state and advocate for students seeking clinical training and supervision. In addition to teaching and supervising master’s level students, Dr. Heher also mentors Ph.D. candidates in Capella’s CACREP accredited CES program. Dr. Heher’s passion for the field extends beyond counselor education and supervision. With over twenty years of experience in the mental health field, she has thoroughly enjoyed counseling clients in community agencies, psychiatric hospitals, and private practice settings. Recently, Mindy launched her solo online private practice. Her online practice allows her the opportunity to extend counseling services beyond her community and reach clients who might not otherwise have access to counseling services in Pennsylvania. Her practice also offers clinical supervision services to post-degree counselors seeking hours for licensure in Pennsylvania.

During her graduate school years, Dr. Heher served on student government bodies as secretary, treasurer, and president. She was a charter member for her counseling department’s Chi Sigma Iota (CSI) honor society and was instrumental in establishing their chapter. Mindy’s leadership roles and advocacy efforts have continued throughout her academic and professional career. As core faculty with Capella University, she was invited to serve as her department chair’s lead of the clinical mental health counseling program. More recently, she was honored with the President’s Award for Excellence and was selected to serve a two-year term on the President’s Advisory Council for the University. Dr. Heher has been an active PCA professional member and is currently serving as the Treasurer/Secretary for the Pennsylvania Association of Counselor Education & Supervision (PACES) division. To promote the success of PCA and its annual conference, Dr. Heher presents annually at the PCA conference and served as a conference proposal reviewer in 2019.

Dr. Heher values continued education, a commitment to professional ethics and standards of practice, and service to others. As a professional organization, Dr. Heher knows the vital role PCA plays in the counseling field for the state of Pennsylvania. As the need for counseling services in our state continues to rise, Mindy acknowledges the necessity for qualified and competent counselors and clinical supervisors. To that end, Dr. Heher plans to expand PCA’s professional identity and strengthen the organization’s commitment to supporting counselors and the clients they serve through innovative ideas targeting training, professional development, and networking. Dr. Heher is seeking the role of PCA President-Elect to uphold the values and goals of PCA, continue to promote the mission of PCA, expand PCA’s reputation on a local, state, and national level, and build on the momentum of previous PCA leadership.